

# Mental Health Support Teams Hertfordshire & West Essex



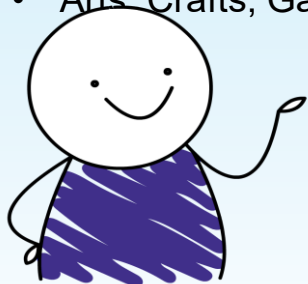
## MHST Broxbourne WoW Camp - August 2026

Warriors of Wellbeing (WOW) camp supports children and young people aged 8-12 in the Broxbourne area to:

- Improve emotional literacy
- Understand the importance of mental health and wellbeing
- Promotes positive wellbeing through fun filled, educational, activities

### Your child will experience:

- Meeting new people
- Access to Qualified Mental Health and Wellbeing Practitioners
- Wellbeing workshops
- Forest School
- Arts, Crafts, Games and more...



MHST Broxbourne WOW Camp  
2026 Expression of Interest



**Location:** Holy Trinity Church of England Primary School,  
Longlands Close, Waltham Cross, EN8 8LU

**Dates:** Monday 10<sup>th</sup> August – Friday 14<sup>th</sup> August 2026  
**Times:** 10:00 am – 3:00 pm

**Register your interest by Friday 12<sup>th</sup> June 2026:**

**Link:** <https://forms.cloud.microsoft/e/FqMxbYpY9E>

All individuals who register an interest in their child attending will be emailed a WOW camp application form to complete by **Friday 26<sup>th</sup> June**. Please return the completed application form to secure your child's place by this date.

***Please note:** First time participants who have not attended MHST Broxbourne's WOW camp in previous years will be prioritised.*

**WoW Camp is a free event provided by the NHS. This is not a childcare facility. All attendance is recorded on your child's NHS record. For further information please use the link provided.**

