

PSHE / RSE CLASS MAPPING RECEPTION

PSHE = Jigsaw

RSE = TenTen

Life to the Full - Overview

Ten:Ten
Resources

EYFS

Stage	Module 1 Created and Loved by God				Module 2 Created to Love Others				Module 3 Created to Live in Community	
Topic	Unit 1 Religious Understanding	Unit 2 Me, My Body, My Health	Unit 3 Emotional Well-Being	Unit 4 Life Cycles	Unit 1 Religious Understanding	Unit 2 Personal Relationships	Unit 3 Life Online	Unit 4 Keeping Safe	Unit 1 Religious Understanding	Unit 2 Living in the Wider World
EYFS	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity
	Story Sessions Handmade With Love	Session 1 I Am Me	Session 1 I Like, You Like, We All Like!	Session 1 Growing Up	Session 1 Role Model	Session 1 Who's Who?	Session 1 What is the Internet?	Session 1 Safe Inside and Out	Session 1 God is Love	Session 1 Me, You, Us
		Session 2 Heads, Shoulders, Knees and Toes	Session 2 All the Feelings!			Session 2 You've Got A Friend In Me	Session 2 Playing Online	Session 2 My Body, My Rules	Session 2 Loving God, Loving Others	
		Session 3 Ready Teddy?	Session 3 Let's Get Real			Session 3 Forever Friends		Session 3 Feeling Poorly		
								Session 4 People Who Help Us		

Age Group	Being Me In My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Ages 3-5	Self-identity Understanding feelings Being in a classroom Being gentle Rights and responsibilities	Identifying talents Being special Families Where we live Making friends Standing up for yourself	Challenges Perseverance Goal-setting Overcoming obstacles Seeking help Jobs Achieving goals	Exercising bodies Physical activity Healthy food Sleep Keeping clean Safety	Family life Friendships Breaking friendships Falling out Dealing with bullying Being a good friend	Bodies Respecting my body Growing up Growth and change Fun and fears Celebrations

Week	Autumn 1 Being Me in my World	Autumn 2 Celebrating differences	Spring 1 Dreams and Goals	Spring 2 Healthy Me	Summer Relationships	Summer 2 RSE
1	PSHE: Jigsaw Lesson 1 Who... Me? I understand how it feels to belong and that we are similar and different	PSHE: Jigsaw Lesson 5 Making Friends I know how to be a kind friend	PSHE: Jigsaw Lesson 1 Challenges I understand that if I persevere I can tackle challenges	PSHE: Jigsaw Lesson 5 Keeping Clean I understand why it is important to wash my hands thoroughly especially before eating and after going to the toilet.	PSHE: Jigsaw Lesson 1 Me, My family and I I can identify some of the jobs I do in my family and how I feel like I belong	RSE: Module 2, unit 2, session 3 Forever Friends Children will learn: To recognise when they have been unkind to others and say sorry. That when we are unkind, we hurt God and should say sorry. To recognise when people are being

						unkind to them and others and how to respond . That we should forgive like Jesus forgives:
2	PSHE: Jigsaw Lesson 2 How am I feeling today? I can start to recognise and manage my feelings	PSHE: Jigsaw Lesson 6 Standing up for Yourself • I know which words to use to stand up for myself when someone says or does something unkind.	PSHE: Jigsaw Lesson 2 Never Giving Up • I can tell you about a time I never gave up and achieved my goal	RSE: Module 1 Unit 2, session 2 Me, My Body, My Health Head, Shoulders, Knees and Toes Children will learn: • That their bodies are good and made by God • The names of the parts of the body (not genitalia)	PSHE: Jigsaw Lesson 2 Make friends, make friends, never ever break friends I know how to make friends to stop myself from feeling lonely	RSE Module 2, Unit 3, session 1 Life Online What is the Internet? Children will learn: • That the internet connects us to others • That the internet helps us in lots of ways • Only Jesus can help us with everything

3	PSHE: Jigsaw Lesson 3 Being at School I enjoy working with others to make school a good place to be	RSE: Module 1 Created and Loved by God RSE: Unit 3 session 1 Emotional Health I Like, You Like, We All Like! Children will learn that: • We all have different 'tastes' (likes and dislikes), but also similar needs (to be loved and respected, to be safe etc) • It is natural for us to relate to and trust one another	PSHE: Jigsaw Lesson 3 Setting a goal • I can set a goal and work towards it.	RSE: Module 2 Unit 4 Keeping Safe Safe inside and Out Children will learn: • About safe and unsafe situations outdoors and indoors. • That they can ask for help from their special people.	PSHE: Jigsaw Lesson 4 Falling out and Bullying. • I can use calm me time to manage my feelings I am starting to understand the impact of unkind words	RSE: Module 2, Unit 3, session 2 Playing Online Children will learn: • About safe and unsafe situations online. • That they can ask for help from their special people
4	RSE: Module 1 Created and Loved by God RSE: Unit 1 story sessions	RSE: Module 1, unit 3, session 2 All the Feelings	PSHE: Jigsaw Lesson 6 Footprint Awards	RSE: Module 2 Unit 4, session 2 My Body, My Rules	RSE: Module 2 unit religious understanding Role Model	Module 3, Unit 1, Session 1 God is Love

	Religious Understanding Children will know that: • We are created individually by God as part of His creation plan • We are all God's children and are special • Our bodies were created by God and are good • We can give thanks to God!	Children will develop: • A language to describe their feelings • An understanding that everyone experiences feelings • An understanding that feelings are neither good nor bad; they give us information about what we are experiencing • Simple strategies for managing feelings	I can say how I feel when I achieve a goal and know what it means to feel proud.	Children will learn: • That they are entitled to bodily privacy • That they can and should be open with 'special people' they trust if anything troubles them • That there are different people we can trust for help, especially those closest to us who care for us, including our teachers and our parish priest	Children will learn that: • We are part of God's family • Jesus cared for others and wanted them to live good lives like Him • We should love other people in the same way God loves us.	• very simple way the concept of the Holy Trinity, where God is three-in-one and each person loves the others and loves us. Children will come to understand that as we are made in the image of God, we are designed to love God and love one another too.
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5	RSE: Module 1, Unit 2, session 1 I am Me Children will learn that: • We are each unique, with individual gifts, talents and skills. • Whilst we all have similarities because we are made in God's image, difference is part of God's plan!	RSE Module 1 Unit 3, session 3 Let's Get Real Children will learn: • How feelings can affect actions, and that actions have consequences • Simple strategies for managing emotions and behaviour • That we have choices and these choices can impact how we feel and respond. • We can say sorry and forgive like Jesus	RSE Module 3, Unit 1, session 1 God is Love Session 1 Children will learn: • That God is love: Father, Son and Holy Spirit • That being made in His image means being called to be loved and to love others	RSE: Module 2, unit 4, session 3 Feeling Poorly Pupils will know that: • Medicines should only be taken when a parent or doctor gives them to us. • Medicines are not sweets. • We should always try to look after our bodies, because God created them and gifted them to us	RSE: Module 2 Unit 2, session 1 Personal Relationships Who's Who? Children will learn: • To identify special people (e.g. parents, carers, friends) and what makes them special • The importance of the nuclear family and of the wider family • The importance of being close to and trusting 'special people', and telling them when something is troubling them	Module 3 Unit 1 Session 2 Loving God, loving others • Through the story of Jesus feeding 5000 people with just the humble offering of a small boy, children will learn that our loving actions can be used by God to do incredible things
6	PSHE: Jigsaw Lesson 5 Our Rights	RSE: Module 1 Unit 4 session 1 Life Cycles	RSE: Module 3, Unit , session 2	RSE: Module 2, Unit 4, session 4	RSE: Module 2, Unit 2, session 2	Module 3 Unit 2 Session 1 Me, you, us

	I am starting to understand children's rights and this means we should all be allowed to learn and play	Growing Up Children will learn: • That there are natural life stages from birth to death, and what these are	Loving God, Loving Others Children will learn: • What a community is, and that God calls us to live in community with one another • A Scripture illustrating the importance of living in a community • No matter how small our offerings, they are valuable to God and He can use them for His glory.	People Who Help Us Pupils will know that: • There are lots of people who do jobs to help us • That in an emergency, they (or an adult) should call 999 and ask for ambulance, police and/or fire brigade • Paramedics help us in a medical emergency • First Aid can be used in non-emergency situations, as well as whilst waiting for an ambulance	You've Got a Friend in Me Children will learn: • How their behaviour affects other people and that there is appropriate and inappropriate behaviour • The characteristics of positive and negative relationships • About different types of teasing and that all bullying is wrong and unacceptable	This helps children to understand the responsibilities they have to people and the planet now, and increasingly as they get older.
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