

	Autumn 1 Being me in my world	Autumn 2 Celebrating difference	Spring 1 Dreams and goals	Spring 2 Healthy me	Summer 1 Relationships	Summer 2 RSE Review of all units of work
Week 1	Jigsaw Lesson 1 PSHE: My Year Ahead - identify my goals for this year, understand my fears and worries about the future and know how to express them - know how to use my Jigsaw Journal - feel welcome and valued and know how to make others feel the same	Jigsaw Lesson 1 PSHE: Am I normal? - Understand there are different perceptions about what normal means - Empathise with people who are different	Jigsaw Lesson 1 PSHE: Personal Learning Goals Know my learning strengths and can set challenging but realistic goals for myself (e.g. one in-school goal and one out-of-school goal) Understand why it is important to stretch the boundaries of my current learning	Jigsaw Lesson 1 PSHE: Taking responsibility for my health and well-being - Can take responsibility for my health and make choices that benefit my health and well-being - Am motivated to care for my physical and emotional health	Jigsaw Lesson 1 - PSHE: what is mental health? - know that it is important to take care of my mental health - I understand that people can get problems with their mental health and that it is nothing to be ashamed of	RSE: Module 2, unit 4, session 1 Types of Abuse Children will learn: - To judge well what kind of physical contact is acceptable or unacceptable and how to respond - That abuse violates the rights of children - That there are different people we can trust for help, especially those closest to us who care for us, including parents, teachers and priests
Week 2	Jigsaw Lesson 2 PSHE: Being a Global Citizen - I know that there are universal rights for all children but for many children these rights are not met - I understand my own wants and needs and can compare these with children in different communities	- Jigsaw Lesson 2 PSHE: Understanding difference - I understand how being different could affect someone's life - I am aware of my attitude towards people who are different to me	Jigsaw Lesson 2 PSHE: Steps to Success - I can work out the learning steps I need to take to reach my goal and understand how to motivate myself to work on these - I can set success criteria so that I will know whether I have reached my goal	Jigsaw Lesson 2 PSHE: Drugs - I know about different types of drugs and their uses and their effects on the body particularly the liver and heart - I am motivated to find ways to be happy and cope with life's situations without using drugs	Jigsaw Lesson 2 PSHE: My Mental Health - Know how to take care of my mental health - Can help myself and others when worried about a mental health problem	RSE: Module 2, unit 4, session 3 Making Good choices Learning Objectives Pupils will: - Consider how, as they get older, they may come under pressure when it comes to drugs, alcohol and tobacco - Learn that they are entitled to say "no" for all sorts of reasons, but not least in order to protect their God-given bodies
Week 3	Jigsaw Lesson 3 PSHE: Being a Global Citizen 2 - understand that my actions affect other people locally and globally - understand my own wants	Jigsaw Lesson 3 PSHE: Power Struggles Can explain some of the ways in which one person or a group can have power over another	Jigsaw Lesson 3 PSHE: My Dream for the world Can identify problems in the world that concern me and talk to other people about them	Jigsaw Lesson 3 PSHE: Exploitation - Understand that some people can be exploited and made to do things that are against the law - Can suggest ways that someone who is being exploited can help themselves	Jigsaw Lesson 3 PSHE: Love and Loss - Understand that there are different stages of grief and that there are different types of loss that cause people to grieve - Can recognise	RSE: Module 2, unit 4, session 4 Giving Assistance Learning Objectives Pupils will learn that: The recovery position can be used when a person is unconscious but breathing

	and needs and am able to compare these with children in different communities.	- Know how it can feel to be excluded or treated badly by being different in some way	Recognise the emotions I experience when I consider people in the world who are suffering or living in difficult situations		when I am feeling those emotions and have strategies to manage them	DR ABC is a primary survey to find out how to treat life-threatening conditions in order of importance
Week 4	Jigsaw Lesson 4 • PSHE: The Learning Charter I can make choices about my own behaviour because I understand how rewards and consequences feel and I understand how these relate to my rights and responsibilities • I understand that my actions affect myself and others; I care about other people's feelings and try to empathise with them	Jigsaw Lesson 4 • PSHE: Why Bully? Know some of the reasons why people use bullying behaviours • Can tell you a range of strategies for managing my feelings in bullying situations and for problem-solving when I'm part of one	Jigsaw Lesson 4 PSHE: Helping to make a difference - Can work with other people to help make the world a better place - Can empathise with people who are suffering or who are living in difficult situations	Jigsaw Lesson 4 PSHE: Gangs - Know why some people join gangs and the risks this involves - Can suggest strategies someone could use to avoid being pressurised	Jigsaw Lesson 4 • PSHE: Power and Control Can recognise when people are trying to gain power or control • Can demonstrate ways I could stand up for myself and my friends in situations where others are trying to gain power or control	RSE: Module 2, unit 1, session 1 The Holy Trinity Learning Objectives Children will learn that: God the Father, God the Son and God the Holy Spirit are the three persons of the Holy Trinity. The Holy Spirit works through us to share God's love and goodness with others.
Week 5	Jigsaw Lesson 5 PSHE: Our Learning Charter - I understand how an individual's behaviour can impact on a group - I can contribute to the group and understand how we can function best as a whole	Jigsaw Lesson 5 PSHE: Celebrating differences - Can give examples of people with disabilities who lead amazing lives - Appreciate people for who they are	Jigsaw L5 Helping to make a difference - Can describe some ways in which I can work with other people to help make the world a better place - Can identify why I am motivated to do this	Jigsaw Lesson 5 PSHE: Emotional and Mental Health - Understand what it means to be emotionally well and explore people's attitudes towards mental health/illness - Know how to help myself feel emotionally healthy and recognise when I need help with this	Module 2, unit 3, session 2 RSE Cyberbullying Children will learn: - What the term cyberbullying means and examples of it - What cyberbullying feels like for the victim - How to get help if they experience cyberbullying	RSE: Module 3, unit 1, session 2 Catholic Social Teaching Learning Objectives Children will learn: The principles of Catholic Social Teaching That God formed them out of love, to know and share His love with others
Week 6	RSE: Module 1, Unit 1, Session 1 God is Calling You Learning Objectives Pupils will learn: - That God calls us to love others - About ways in which we can participate in God's call for us to love others	RSE: Module 1, unit 4, session 2 Making Babies Part 2 Learning Objectives Pupils will learn: - Basic scientific facts about sexual intercourse between a man and woman - The physical, emotional, moral and spiritual implications of sexual intercourse	Jigsaw Lesson 6 - PSHE: Recognising our achievements - Know what some people in my class like or admire about me and can accept their praise - Can give praise and compliments to other people when I recognise their	Jigsaw Lesson 6 - PSHE: Managing Stress and pressure Can recognise stress and the triggers that cause this and I understand how stress can cause drug and alcohol misuse - Can use different strategies to manage stress and pressure	RSE: Module 2, unit 2, session 3 Self-talk Pupils will: - Learn about how thoughts and feelings impact on actions, and develop strategies that will positively impact their actions - Apply this approach to	RSE: Module 3, unit 2, session 1 Reaching Out Learning Objectives Pupils will: Apply the principles of Catholic Social Teaching to current issues. Find ways in which they can spread God's love in their community.

		The Christian viewpoint that sexual intercourse should be saved for marriage	contributions and achievements		personal friendships and relationships	
Extra RSE lessons when possible			RSE: Module 2, unit 2, sessions 2 Do you want a piece of cake? Pupils will: - Understand what consent and bodily autonomy means - Discuss and reflect on different scenarios where it is right to say 'no'	RSE Build Others Up Mod 2, Unit 2, session 4 Children will learn: - About prejudice, bullying and discrimination: what they mean and how to challenge them. - About protected characteristics from the Equality Act 2010 such as race, age and disability. - That everyone is made in the image of God, loved unconditionally by Him, has equal dignity and is deserving of equal respect.	RSE: Module 2, unit 3, sessions 1 and 2 Life online (cross curricular with computing) Sharing isn't always caring and cyber bullying	

Year 6
 PSHE/RSE Mapping
 TenTen = RSE
 Jigsaw = PSHE

Upper Key Stage 2	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity
	Story Sessions Calming the Storm	Session 1 Gifts and Talents	Session 1 Body Image	Session 1 Making Babies (Part 1)	Session 1 God Is Calling You	Session 1 Under Pressure	Session 1 Sharing Isn't Always Caring	Session 1 Types of Abuse	Session 1 The Holy Trinity	Session 1 Reaching Out
		Session 2 Girls' Bodies	Session 2 Peculiar Feelings	Session 2 Making Babies (Part 2)		Session 2 Do You Want A Piece of Cake?	Session 2 Cyberbullying	Session 2 Impacted Lifestyles	Session 2 Catholic Social Teaching	
		Session 3 Boys' Bodies	Session 3 Emotional Changes	Session 3 Menstruation		Session 3 Self-Talk		Session 3 Making Good Choices		
		Session 4 Spots and Sleep	Session 4 Seeing Stuff Online	Session 4 Hope Beyond Death		Session 4 Build Others Up		Session 4 Giving Assistance		

Ages 10-11	Identifying goals for the year Global citizenship Children's universal rights Feeling welcome and valued Choices, consequences and rewards Group dynamics Democracy, having a voice Anti-social behaviour Role-modelling	Perceptions of normality Understanding disability Power struggles Understanding bullying Inclusion/exclusion Differences as conflict, difference as celebration Empathy	Personal learning goals, in and out of school Success criteria Emotions in success Making a difference in the world Motivation Recognising achievements Compliments	Taking personal responsibility How substances affect the body Exploitation including 'county lines' and gang culture Emotional and mental health Managing stress	Mental health Identifying mental health worries and sources of support Love and loss Managing feelings Power and control Assertiveness Technology safety Take responsibility with technology use