

Year 1 PSHE/RSE Mapping

PSHE- Jigsaw

RSE -TenTen

	Autumn 1 Being me in my world	Autumn 2 Celebrating difference	Spring 1 Dreams and goals	Spring 2 Healthy me	Summer 1 Relationships	Summer 2 RSE Mixture of units
Week 1	PSHE Jigsaw Lesson 1 Special and safe - Know how to use my Jigsaw Journal - Feel safe and special in my class	PSHE Jigsaw Lesson 1 The same as - Can identify similarities between people in my class - Can tell you some ways in which I am the same as my friends	PSHE Jigsaw Lesson My treasure chest of success - Can set simple goals - Can tell you about a thing I do well	PSHE Jigsaw Lesson 1 being healthy - Understand the difference between being healthy and less healthy and know some ways to keep myself healthy - Feel good about myself when I make healthy choices	PSHE Jigsaw Lesson 1 Families - I can identify the members of my family and understand that there are lots of different types of families - I know how it feels to belong to a family and care about the people who are important to me	RSE Module 1, Unit 2, session 2 Girls and Boys
Week 2	PSHE Jigsaw Lesson 2 My class - Understand the rights and responsibilities as a member of my class - Know that I belong to my class	PSHE Jigsaw Lesson 2 Different form - Can identify differences between people in my class - Can tell you some ways I am different from my friends	PSHE Jigsaw Lesson 2 Steps to goals - Can set a goal and work out how to achieve it - Can tell you how I learn best	PSHE Jigsaw Lesson 2 Healthy Choices - Know how to make healthy lifestyle choices - Feel good about myself when I make healthy choices	PSHE Jigsaw Lesson 2 Making friends - I can identify what being a good friend means to me - I know how to make a new friend	RSE Module 2, unit 4, session 4 Can you help me? Part 1
Week 3	PSHE Jigsaw Lesson 3 Rights and responsibilities - Understand the rights and responsibilities as a member of my class - Know how to make my class a safe place for everybody to learn	PSHE Jigsaw Lesson 3 What is bullying? - Can tell you what bullying is - Understand how being bullied might feel	PSHE Jigsaw Lesson 3 Achieving together - Understand how to work well with a partner - Can celebrate achievement with my partner	PSHE Jigsaw Lesson 4 Medicine safety - Understand that medicines can help me if I feel poorly, and I know how to use them safely - Know some ways to help myself when I feel poorly	PSHE Jigsaw Lesson 5 - I can recognise my qualities as a person and as a friend. - I can praise myself.	RSE Module 2, unit 3, session 2 Rules to help us

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Week 4	PSHE Jigsaw Lesson 4 Rewards and feeling proud - Know my views are valued and can contribute to the Learning Charter - Recognise how it feels to be proud of an achievement	PSHE Jigsaw Lesson 4 What do I do about bullying? - I know some people who I could talk to if I was feeling unhappy or being bullied - I can be kind to children who are bullied	PSHE Jigsaw Lesson 4 Stretchy learning - Can tackle a new challenge and understand this might stretch my learning - Can tell you how I feel when I am faced with a new challenge	PSHE Jigsaw Lesson 6 Happy Healthy Me - Can tell you why I think my body is amazing and can identify some ways to keep it safe and healthy - Can recognise how being healthy helps me to feel happy	PSHE Jigsaw Lesson 6 - I can tell you why I appreciate someone who is special to me - I can express how I feel about them	RSE Module 1, Unit 4, session 2 Beginnings and endings
Week 5	PSHE Jigsaw Lesson 5 Consequences - Recognise the choices I make and understand the consequences - Recognise the range of feelings when I face certain consequences	PSHE Jigsaw Lesson 5 Making new friends - Know how to make new friends - Know how it feels to make a new friend	PSHE Jigsaw Lesson 5 Overcoming obstacles - Can tell you about obstacles which make it more difficult to achieve my new challenge and have ideas to overcome them - Can explain how I feel when I face obstacles and how I feel when I overcome them	RSE Module 1, unit 2, session 3 Know how to stay clean and Healthy	RSE Module 2, unit 2, session 1 Special people	RSE: Module 1, unit 4, session 1 The cycle of life
Week 6	RSE Module 2, Unit 1, session 1 God loves you	RSE Module 1, unit 3, session 2 Feeling inside out	PSHE Jigsaw Lesson 6 Celebrating my success - Can tell you how I felt when I succeeded in a new challenge and how I celebrated it - Know how to store the feelings of success in my internal treasure chest	RSE Module 2, unit 3, session 1 Real life online	RSE Module 2, unit 2, session 2 Treat Others Well	RSE Module 2, unit 4, session 1 Good and Bad Secrets If extra time please cover road safety from Healthy me unit.

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Ages 5-6	Feeling special and safe Being part of a class Rights and responsibilities Rewards and feeling proud Consequences Owning the learning charter	Similarities and differences Understanding bullying and knowing how to deal with it Making new friends Celebrating the differences in everyone	Setting goals Identifying successes and achievements Learning styles Working well and celebrating achievement with a partner Tackling new challenges Identifying and overcoming obstacles Feelings of success	Keeping myself healthy Healthier lifestyle choices Keeping clean Being safe Medicine safety/ safety with household items Road safety Linking health and happiness	Belonging to a family Making friends/being a good friend Physical contact preferences People who help us Qualities as a friend and person Self-acknowledgement Being a good friend to myself Celebrating special relationships
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KS1

Stage	Module 1 Created and Loved by God				Module 2 Created to Love Others				Module 3 Created to Live in Community	
Topic	Unit 1 Religious Understanding	Unit 2 Me, My Body, My Health	Unit 3 Emotional Well-Being	Unit 4 Life Cycles	Unit 1 Religious Understanding	Unit 2 Personal Relationships	Unit 3 Life Online	Unit 4 Keeping Safe	Unit 1 Religious Understanding	Unit 2 Living in the Wider World
KS1	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity
	Story Sessions Let the Children Come	Session 1 I am Unique	Session 1 Feelings, Likes and Dislikes	Session 1 The Cycle of Life	Session 1 God Loves You	Session 1 Special People	Session 1 Real Life Online	Session 1 Good and Bad Secrets	Session 1 Three In One	Session 1 The Communities We Live In
		Session 2 Girls and Boys	Session 2 Feeling Inside Out	Session 2: Beginnings and Endings		Session 2 Treat Others Well...	Session 2 Rules To Help Us	Session 2 Physical Contact	Session 2 Who is My Neighbour?	
		Session 3 Clean and Healthy (My Body)	Session 3 Super Susie Gets Angry			Session 3 ...and Say Sorry		Session 3 Harmful Substances		
								Session 4 Can You Help Me? (Part 1)		
								Session 5 Can You Help Me? (Part 2)		