

Year 2 PSHE/RSE

PSHE - Jigsaw

RSE - TenTen

	Autumn 1 Being me in my world	Autumn 2 Celebrating difference	Spring 1 Dreams and goals	Spring 2 Healthy Me	Summer 1 Relationships	Summer 2 RSE
Week 1	PSHE Jigsaw Lesson 1 - I can identify some of my hopes and fears for this year - I know how to use my Jigsaw Journal - I can recognise when I feel worried and know who to ask for help	PSHE Jigsaw Lesson 1 Assumptions - Start to understand that sometimes people make assumptions about boys and girls (stereotypes) - Understand some ways in which boys and girls are similar and feel good about this	PSHE Jigsaw Lesson 1 Goals to Success - Can choose a realistic goal and think about how to achieve it - Can tell you things I have achieved and say how that makes me feel	PSHE Jigsaw Lesson 1 - Can sort foods into the correct food groups and know which foods my body needs every day to keep me healthy - Have a healthy relationship with food and know which foods I enjoy the most	PSHE Jigsaw Lesson 1 Families - Can identify the different members of my family, understand my relationship with each of them and know why it is important to share and cooperate - Accept that everyone's family is different and understand that most people value their family	RSE Three in one Module 3, unit 1, session 1
Week 2	PSHE Jigsaw Lesson 2 - I understand the rights and responsibilities as a member of my class and school, and the importance of making contributions - I know how to help myself and others feel like we belong	PSHE Jigsaw Lesson 2 Stereotypes - Starting to understand that sometimes people make assumptions about boys and girls (stereotypes) - Understand some ways in which boys and girls are different and accept that this is OK	PSHE Jigsaw Lesson 2 Being healthy - Know what I need to keep myself healthy - Am motivated to make healthy choices that help me reach my goals	RSE Module 2, unit 4, session 5 Can you help me? Part 2	PSHE Jigsaw lesson 2 Keeping safe - physical contact - Understand that there are lots of forms of physical contact within a family and that some of this is acceptable and some is not - Know which types of physical contact I like and don't like and can talk about this	RSE Module 2, unit 4, session 2 Physical Contact

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Week 3	PSHE Jigsaw Lesson 3 Rewards and consequences - Listen to other people and contribute my own ideas about rewards and consequences - Help make my class a safe and fair place	PSHE Jigsaw Lesson 3 Why does bullying happen? - Understand that bullying is sometimes about difference - Can tell you how someone who is bullied feels - Can be kind to children who are bullied	PSHE Jigsaw Lesson 3 Learning with others - Can recognise who I work well with and who it is more difficult for me to work with - Can tell you how working with other people helps me learn	PSHE Jigsaw Lesson 3 Keeping safe at home - I can recognise hazards in my home, including fire risks and hot things, and know how to reduce risks and keep myself safe - I can recognise when I feel worried or unsafe and know to tell an adult straight away	PSHE Jigsaw Lesson 3 Conflict with friends - Can identify some of the things that cause conflict with my friends - Can demonstrate how to use the positive problem-solving technique to resolve conflicts with my friends	RSE Module 2, unit 2, session 3 Know how to say sorry
Week 4	PSHE Jigsaw Lesson 4 Rewards and consequences - Can listen to other people and contribute my own ideas about rewards and consequences - Help make my class a safe and fair place	PSHE Jigsaw Lesson 4 Standing up for myself and others - Can recognise what is right and wrong and know how to look after myself - Know when and how to stand up for myself and others - Know how to get help if I am being bullied	Jigsaw Lesson 4 A group challenge - Work Can work well in a group to create an end product - Can work with other people in a group to solve problems	RSE Module 2, unit 4 session 3 Harmful Substances	PSHE Jigsaw Lesson 4 Secrets - Understand that sometimes it is good to keep a secret and sometimes it is not good to keep a secret - Know how it feels to be asked to keep a secret I do not want to keep and know who to talk to about this	RSE Module 3, unit 1, session 2 Who is my neighbour?

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Week 5	PSHE Jigsaw Lesson 5 Our Learning Charter - Understand how following the Learning Charter will help me and others learn - Work co-operatively	PSHE Jigsaw Lesson 5 We are all different - I understand that it is OK to be different from other people and to be friends with them - I understand we shouldn't judge people if they are different - I know how it feels to be a friend and have a friend	Jigsaw Lesson 5 Being Relaxed - Can show or tell you what relaxed means and I know some things that make me feel relaxed and some that make me feel stressed - Can tell you when a feeling is weak and when a feeling is strong	PSHE Jigsaw Lesson Safe outside - I can recognise risks and know how to keep safe around roads, railways, and water, and can explain why safety rules help protect me - I can recognise some of the feelings I get when something feels unsafe and know some ways to manage these to make a safer choice	PSHE Jigsaw Lesson 5 Trust and appreciation - Recognise and appreciate people who can help me in my family, my school and my community - Understand how it feels to trust someone	RSE Module 1, unit 3, session 3 Super Susie gets angry
Week 6	PSHE Jigsaw Lesson 6 Learning Charter - Recognise the choices I make and understand the consequences - Can follow the Learning Charter	PSHE Jigsaw Lesson 6 Celebrating differences and still being friends - Can tell you some ways I am different from my friends - Understand these differences make us all special and unique RSE: Module 1, unit 1, story session Let the children come	PSHE Jigsaw Lesson 6 Celebrating our achievements - Know how to share success with other people - Know how contributing to the success of a group feels and I am able to store those feelings in my internal treasure chest (proud)	PSHE Jigsaw Lesson 5 Happy healthy me - I can explain how to keep my body healthy and safe at home and when I'm out - I can make good choices that help me stay healthy and safe	PSHE Jigsaw Lesson 6 Celebrating my special relationships - Can express my appreciation for the people in my special relationships - Am comfortable accepting appreciation from others	RSE Module 3, unit 2, session 1 Understand the communities we live in

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KS1

Stage	Module 1 Created and Loved by God				Module 2 Created to Love Others				Module 3 Created to Live in Community	
Topic	Unit 1 Religious Understanding	Unit 2 Me, My Body, My Health	Unit 3 Emotional Well-Being	Unit 4 Life Cycles	Unit 1 Religious Understanding	Unit 2 Personal Relationships	Unit 3 Life Online	Unit 4 Keeping Safe	Unit 1 Religious Understanding	Unit 2 Living in the Wider World
KS1	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity	Unit Prayer & Assessment Activity
	Story Sessions Let the Children Come	Session 1 I am Unique	Session 1 Feelings, Likes and Dislikes	Session 1 The Cycle of Life	Session 1 God Loves You	Session 1 Special People	Session 1 Real Life Online	Session 1 Good and Bad Secrets	Session 1 Three In One	Session 1 The Communities We Live In
		Session 2 Girls and Boys	Session 2 Feeling Inside Out	Session 2: Beginnings and Endings		Session 2 Treat Others Well...	Session 2 Rules To Help Us	Session 2 Physical Contact	Session 2 Who is My Neighbour?	
		Session 3 Clean and Healthy (My Body)	Session 3 Super Susie Gets Angry			Session 3 ...and Say Sorry		Session 3 Harmful Substances		
								Session 4 Can You Help Me? (Part 1)		
								Session 5 Can You Help Me? (Part 2)		

Ages 6-7	Hopes and fears for the year Rights and responsibilities Rewards and consequences Safe and fair learning environment Valuing contributions Choices Recognising feelings	Assumptions and stereotypes about gender Understanding bullying Standing up for self and others Making new friends Diversity Celebrating difference and remaining friends	Achieving realistic goals Perseverance Learning strengths Learning with others Group co-operation Contributing to and sharing success	Motivation Healthier choices Relaxation Healthy eating and nutrition Healthier snacks and sharing food	Different types of family Physical contact boundaries Friendship and conflict Secrets Trust and appreciation Expressing appreciation for special relationships